

# Download Soul Stories From The Street A Meditative Journey

In Jainism, meditation has been a core spiritual practice, one that Jains believe people have undertaken since the teaching of the Tirthankara, Rishabha. All the twenty-four Tirthankaras practiced deep meditation and attained enlightenment. They are all shown in meditative postures in the images or idols. Loredana Bruno Etobicoke Yoga Studio Instructor. Loredana began her journey on the yogic path in 2013 when the universe handed her the invitation. Dear Twitpic Community - thank you for all the wonderful photos you have taken over the years. We have now placed Twitpic in an archived state. Welcome to the One Journey Festival. We hope you are looking forward to an inspiring day of music, dance, food, art, and fun. You'll also be taking part in the first national celebration of refugee talents, stories, and accomplishments – on the grounds of the Washington National Cathedral.